



Village Voice

Your monthly Clarence Village community newsletter

FREE



Dougherty Villa activities officer 'Big' Greg Learmonth and resident gardening chief Jim Armstrong attend to the newly planted pea seedlings.

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It's all systems grow

Despite it being a lot cooler this month, there's still a lot of growth underway at Clarence Village — not only in the garden but also on the team front.

The residents of Dougherty Villa have been busy re-establishing the courtyard garden and putting in new seedlings to grow a range of vegetables for the kitchen staff to include in future meals.

The village team is also growing, with new faces and roles recently welcomed into its operations.

You will meet a few of them in this edition.

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A note from the Village CEO



The Federal election has come and gone, ushering in a change of Government. While it was pleasing to see aged care and affordable housing discussed during the campaign, two issues at the core of Clarence Village’s mission, there was little commitment of new measures. An often-asked question about addressing social issues like these is “who pays?”. This is really a pretty strange question, as there can only ever be one answer – we all do, that’s the “common” bit in a Commonwealth.

So it isn’t about who pays, but how we all pay. Government funding for more social and affordable housing obviously needs to be raised from taxes or debt (which gets paid back by future taxes). But doing nothing isn’t free either – often it means those in need pay, most likely with quality of life rather than money. At Clarence Village we don’t think this is the right answer. Over 50 years we’ve worked hard to balance our limited resources against community need and our resident’s limited ability to pay by managing their expectations of what can be provided. This is the part that’s missing at the moment nationally. We need our community, led by our politicians to start talking about what it costs to provide things like housing and aged care, collectively agree on what we want and then see if that matches what we’re prepared to pay. It can be done – we’ve been doing it for half a century at Clarence Village.

Kind regards,
Duncan McKimm



Season for change and celebration

They say autumn is a season for change and it certainly lived up to its name with a new government being sworn in last month.

On the local front, Clarence Village has also seen a few changes. New staff, new roles, new activities, and a bunch of other wonderful achievements being celebrated in this edition.

One lady we all know is celebrating two important milestones this month — her birthday, and her 70th Jubilee. Yes we’re talking about the Queen, Her Royal Highness Queen Elizabeth II, whose rulership record is unlikely

to be surpassed by anyone anytime soon.

The 96-year-old Monarch’s remarkable seven decades dedicated to serving her country and the Commonwealth as its Queen is cause to include at least two puzzles in this edition in her honour.

Hope you enjoy this issue.

Lesley

Email me:
news@clarencevillage.com.au



New friendly face, front of house



New faces: It won't take long for new arrival Judyann Ainsworth to become a familiar face at Dougherty Villa as part of the front counter reception team.

Judyann Ainsworth has only just started at Dougherty Villa but it won't take long for her to become a familiar face to residents and regulars.

Judyann will be holding fort behind the front counter as part of the new reception team and although she had only been there a day when the Village Voice came calling, she said she was already loving the role.

"It's been busy but it's enjoyable work," Judyann said. "And it's been really nice getting to know all the residents here."

Judyann's background in administrative roles "being the first point of call" for community service groups is well suited to her new role at Dougherty Villa's reception and said she has always been drawn to workplaces that care about people.

"I like doing work that makes a difference in people's lives. It's more than a job, you feel like you are making a contribution to the

community."

While Judyann is a former Sydney girl, she has lived in Grafton for the past nine years and her association with the place goes right back to her childhood.

"We're a waterskiing family. When we were in Sydney we used to come up to Grafton for the Bridge to Bridge. My dad raced and won his class a few times up here. I used to ski and my son also skied and now my grandson, who is 7, has just done his very first race and won. They call them Tadpoles at that age."

When Judyann isn't spending time with her much loved 'tadpoles', she is in the company of kangaroos or any other species of furry wildlife that needs her help.

"I volunteer with WIRES and have two baby joeys in care at moment. I'm the treasurer and macropod co-ordinator for the Clarence Valley branch 'responsible for anything with a big foot'."

Credit where it's due

In 2019, the standards that aged care providers must meet changed significantly, moving to a system where providers are required to prove how they meet the standards without being told how to do it.

At Dougherty Villa our team approached this major change as an opportunity to allow us to do more of what we do well. If we built the right team and gave them the right tools to get the job done we were confident we could make the grade.

When the Government accreditation team arrived unannounced recently (as they do), our team was put through their paces and our systems given a thorough once over. Pleasingly, the result was a strong pass across the Standards for the Dougherty Villa team – a tremendous result.

The feedback from residents and relatives was the highlight of the report we received from the visit. We spend a lot of time as a team talking about what we're doing and whether it's what our residents want or need from us. Hearing first hand from our residents and their families that we're getting this right is the result we're after, but of course receiving accreditation for another three years is also terrific.

Having achieved this, we can move forward confidently knowing that our systems, processes, but most importantly our team are fit for the task and are producing the right results. Mandy, Tonia, Bryanna and all the team at Dougherty Villa should be extremely proud of the result they've produced.

Duncan McKimm





New faces: Tayla Wall recently joined the Clarence Village team as executive assistant to CEO Duncan McKimm.

Tayla's executive decision brings her to Village

Clarence Village welcomed another new face into the executive team in what will also be a new role.

Tayla Wall will be executive assistant to Village CEO Duncan McKimm.

'Head-hunted' by her new boss having worked together previously at St Joseph's Cowper, Tayla said she was looking forward to working with Duncan honing the new role "as they go".

"In a nutshell I'll be doing whatever work is needed to help Duncan."

While Tayla's administrative skills will provide some welcome support for the Village CEO, her background in family services also means she has experience in care recruitment and development.

"I looked after the out-of-home care training and assessing of people to become foster carers and provided follow up development, training and support."

Tayla said while her new role at Clarence Village will be different, she felt working within the aged care industry was similarly rewarding and important work.

"It feels like you are giving back and helping people who may be more vulnerable than yourself."

A born and bred Graftonian, Tayla attended the duopoly of Grafton Public and High schools and was a pretty competent performer in the pool during that time.

"I was in the swimming club and competed at state and national levels. I trained a lot. 5.30 to 7am every morning, and again in the afternoon. And all weekend. A lot."

While she did spend a lot of hours doing laps and staring at black lines, she said the sport did teach her a lot of things including commitment and discipline. "I'm sure it shaped me ways I didn't realise at the time."



Village Manager Vicki Valja will be moving into a new role as Finance Administrator working alongside Finance Manager Roxanne Sydenham.

Village welcomes new faces and roles

The Clarence Village staffing community has been a hive of activity over the past couple of months with plenty of new arrivals and lane changes underway.

Village manager Vicki Valja is back on deck in a new role as finance administrator and will use her formidable admin and bookkeeping talents alongside finance manager Roxanne Sydenham.

Her former role as onsite manager at Clarence on Queen will be taken up by kitchen chief Darrel Kleindienst who will have additional responsibilities in a new role as team leader at Clarence Village on Queen. You will still find Darrel in the kitchen but he will also handle admissions and inquiries as well as some of the admin office work required to ensure the place runs smoothly.

The Village has also welcomed many new

faces into its fold.

Tayla Wall has hit the ground running as Executive Assistant to CEO Duncan McKimm (you can read more about Tayla on page 5) and the front counter at Dougherty Villa will soon see two new faces behind it (meet one of those friendly smiles on page 3).

Back outside, the Village gardener Terrence Kelly has been joined by Ryan Gudz to make up the green team that will be looking after the various patches around the village while the day to day operations of the entire village will soon be in the capable hands of new Village Manager Penny White.

Village Voice welcomes all the new staff to the Clarence Village community. If you are one of them and don't see yourself in this edition, expect to be featured in the next.



Clarence Village welcomes new gardener Ryan Gudz who will be working alongside Terrence Kelly to keep all the village greenery neat and tidy.

Ryan joins the green machine

The Clarence Village now boasts a gardening team with Ryan Gudz coming aboard to help Terrence Kelly take care of the green spaces.

We tracked Ryan down at the Village's Prince Street Apartments complex busy pruning bushes ahead of the colder weather.

He will be working around the Village Monday to Thursday, and was looking forward to putting his well-trained green thumbs to work.

Ryan studied horticulture through TAFE specialising in land conservation and protection and has been enjoying doing the rounds of the Village footprint and getting to know the residents.

"I spent a couple of days at Queen Street and met everyone. They were really happy to see me. They love to have a chat or potter around while I'm working. There's a real social element to gardening here."

Before settling on horticulture, Ryan spent

four years doing a motor body building apprenticeship but went back to gardening because he "prefers fresh air to being inside a shed."

Ryan has lived in Grafton for the past 11 years but grew up on the other side of the country in Western Australia.

"My sister met a local guy and then moved over here, then my mother and step-father followed, and now I'm here with my dad, raising my family here."

While the 'sandgroper' is now well entrenched in Clarence Valley life there is one thing he hasn't converted to.

"AFL is my footy of choice. I'm a Dockers (Fremantle) supporter but I do watch the State or Origin. I don't follow any of the NRL teams even though my mates are always hassling me to choose one."



Some of the gents of Dougherty Villa gathered outdoors to enjoy the sunny weather and a special Saturday barbecue hosted by 'Big Greg' and 'Buschy'.

Men's gathering a sizzling success

A few of the gents of Dougherty Villa took advantage of the sunny weather and the special Saturday barbecue hosted in the central courtyard by 'Big Greg' Learmonth and Andrew 'Buschy' Busch.

The residents enjoyed a couple of hours socialising over sausages while a few of the punters caught up on the weekend's racing broadcast.

Big Greg said they hoped to make these outdoor men's gatherings a more regular event "when the weather behaves."

"It's great to get the men outside and mingling with one another in the fresh air. Social connection is great for your wellbeing and mental health so we're planning to keep them going."



Dougherty Villa Leisure and Lifestyle officer Big Greg, right, and resident Brian Haynes oversee the sausage sizzling at the recent men's gathering.



Waratah Wing Expressionists Marion Coombes, Joan Baker, Noela Barnier and Muriel Mackie received a Highly Commended team award for their excellent string paintings.

Dougherty Villa's show stoppers

Who knew there were such a bunch of Monets and Van Goghs in our presence at Dougherty Villa?

The Grafton Show brought out residents' creative streaks, which were rewarded at all levels in the very competitive aged care painting section.

All up there were 14 entries sent in by Dougherty Villa with everyone receiving a

commendation for their works.

Leisure and Lifestyle's Charlene Howes and her daughter Alex organised the entries and Charlene said they would be hanging the works all around Dougherty Villa.

"We hope to continue entering the show in the years to come and fill the Villa with all our residents' colourful artworks."



Dougherty Villa's seasoned Impressionist Ernie Really took out first place with his lovely landscape, which you can check out on the wall in the Magnolia Wing.



Rose Cottage's Pat Farrell took home a Highly Commended for her colourful depiction of the natural world.

Sowing the seeds for future meals

A group of Dougherty Villa residents have been spending their Mondays getting their hands dirty to help re-establish the garden beds in the central courtyard.

The gardening project led by Leisure and Lifestyle's Greg Learmonth has seen the raised beds transformed from a mess of weeds into a soon to be thriving vegetable garden.

The busy gardeners have planted their first seasonal crops, a range of winter vegetable seedlings including red cabbage, silverbeet, peas, broccoli and beetroot.

Greg said the idea was to grow fresh produce for the kitchen so all the residents can enjoy eating food from their own garden.

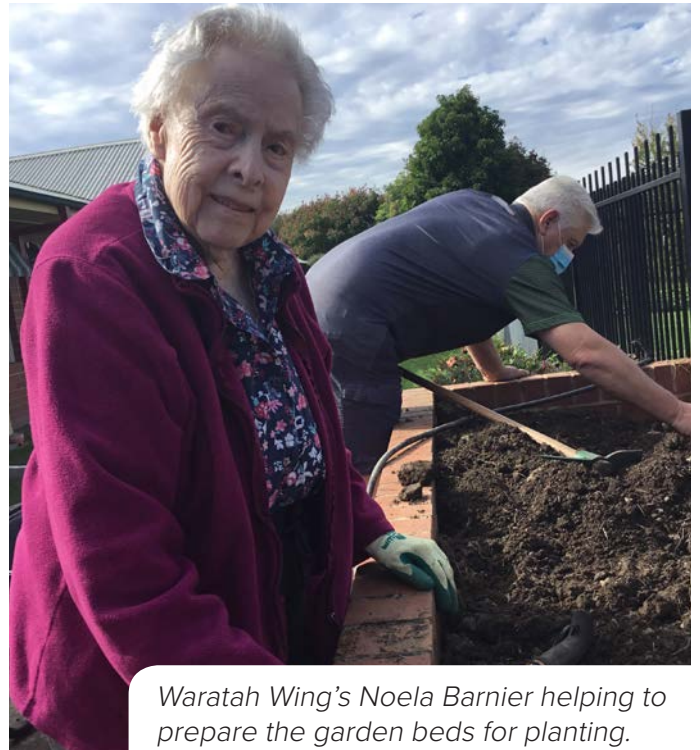
"We spent a bit of time cleaning out all the jungle that was there and mixed in new soil and manure ready for the planting."

He said there will be different vegetables planted along each end of the garden with the centre plot set aside for flowers.

"We'll be tending to the project every Monday if anyone wants to come along and join in. We have had two 97-year-olds out here helping with the weeding so age is no barrier."

He said residents have been loving the opportunity to get back out into the garden and once the vegetables are ready in a couple of months "the pinnacle will be eating them."

"We've some lettuce seedlings ready to go in next and in a couple of months we'll starting to plant zucchinis and tomatoes."



Waratah Wing's Noela Barnier helping to prepare the garden beds for planting.



Dougherty Villa's May Orr looking very cool in her sunnies as she helps out with the garden bed prepping.

Clarence Village



1st PRIZE

\$30

2nd PRIZE

\$15

3rd PRIZE

\$5

**Tickets
\$1
each**

The 100 Club will continue throughout 2022.

Every completed 100 Club raises \$50 for the Community Bus. Let's see how much we can raise this year.

Get your tickets from Ros Houlahan or Vicki Valja.



Dougherty Villa's Rita Batty and Norm Stanford help prepare the garden beds for planting for some winter vegetables.

WHAT'S ON IN JUNE

Joan Muir Community Centre

Free activities every Tuesday from 10am - 11.30am

TUESDAY

7

Bingo

TUESDAY

14

Word games

TUESDAY

21

Bingo

TUESDAY

28

High tea with entertainment by Jan Jarvis

WALKING CLUB

Starting on June 9th, a social walking group will leave from Joan Muir Hall each Thursday at 8.30am for a 30-minute walk followed by coffee/tea at the Brewery Cafe at 9am. If you aren't up for the walk you can just meet the group at the cafe for a social catch up.

CLARENCE ON QUEEN

Bingo every Tuesday at 1.30pm. Everyone welcome.

To RSVP or contact Ros: rosh@clarencevillage.com.au or 0478 228 838
Please call or email Ros if you would also like a chat or visit.

Village gets behind big morning

Residents from all four village complexes came together to support the annual Cancer Council Biggest Morning Tea fundraiser at the Joan Muir Community Centre on May 31.

Representatives from Dougherty Villa, Clarence on Queen, Clarence Gardens and the Village's stages 1 to 5 came along to enjoy the entertaining morning and indulge in some yummy cakes and slices provided by residents and volunteers.

Stage 2 resident John Sullivan was there to recite his delightful poetry while musician and one half of the duo Double Trouble, Peter Johnson, volunteered his time to come along to play guitar and sing a few favourites.

Connections Officer Ros Houlahan delivered a spritely round of Tea-rivia (all about tea) and thanked everyone for "chipping in" to support the event. The monthly raffle and morning tea raised \$760.00 for the Cancer Council.

Winners of Biggest Morning Tea Raffle:

- 1st Lorraine Bekkers
- 2nd Christine Daniel
- 3rd Jeanette Solomon
- 4th Jo Hogden
- 5th Val Boyle



Stage 3 resident Chrissy O'Farrell and Sheryl Mclvor and Lynn O'Hara from Stage 2 are monthly morning tea regulars.



Stage 2 residents Colleen Donovan, Libby Shearer, Judy Williams and Val Sheehan enjoy the Biggest Morning Tea event at the Joan Muir Community Centre.



Stage 5 resident Roxanne Deece and Clarence Gardens residents Arthur and Mary Hunter joined in the fun at Biggest Morning Tea fundraiser.



Clarence Garden residents Athol and Jan Green, Challice McCosker and Shirley Mormon came along to Joan Muir Community Centre for the Biggest Morning Tea in May.



Stage 1 residents Barbara Fraser and Valerie Hendrie and stage 2 resident poet John Sullivan came along to support the Biggest Morning Tea.



Village volunteer veteran Carol Williams, stage 5 resident Jeanette Solomon and Community Connections Ros Houlahan did a great job organising and serving at the Cancer Council Biggest Morning Tea fundraiser.



Stage 2 residents Karlie Stockton and Sally Haig enjoy Biggest Morning Tea event at the Joan Muir Community Hall.



Clarence Village on Queen residents Deb Vanzino, left, and Debra Adcock joined Joan Marr from Dougherty Villa for the Biggest Morning Tea.



Biggest Morning Tea entertainment was courtesy of one half of Double Trouble Peter Johnson.

Village stargazers - your monthly horoscopes

June has a message of hope. Always focus on the things you want in life and go after them. Don't let the challenges you face get the better of you. Trust in yourself and your abilities, and all will be well.

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ARIES

Family matters will be of importance this month. You will face a lot of challenges but towards the end of the month, you will make things better. Your health might take a toll if you are not careful.



TAURUS

You will be okay financially but your love life will have some challenges. Your health will be perfect and travel prospects are also bright. You will have to work harder to achieving all your goals.



GEMINI

Married couples should ensure that they stay away from conflict. Do not always pick a fight with your spouse. Fighting can cause the children to feel unloved. Strive to be a positive example.



CANCER

Cancer natives will have a positive month. All aspects of your life will be on the right track. As long as you keep doing the great things you are doing, all will be well with you. Do not listen to people who tell you that you are worth nothing.



LEO

Family life will cause you lots of problems that might affect your mental health. It will be a prosperous period for Leo natives. Children in your life will do well in their studies. You will travel with loved ones.



VIRGO

Health will pose no problems for you this month. Single Virgo natives should be careful to protect their hearts from hurt. Exercise due diligence before choosing to fall in love with anyone.



LIBRA

Be true to yourself and live an honest life. Also, be careful with your finances. You will regret misuse of funds in the near future. Ensure that you develop a good habit of saving. You will be able to meet new people who will help you grow.



SCORPIO

Show commitment and availability to your spouse and/or children and you will enjoy lasting happiness and joy. If single, your love life will be exceptional this month. You will be able to find someone that fills your heart.



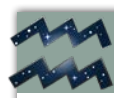
SAGITTARIUS

June encourages you to understand right or wrong choices. Try not to judge others harshly for messing up because we all live with some degree of recklessness. Before doing or saying anything, always think about the consequences.



CAPRICORN

Trust that great things will manifest in your life. Do not take anything for granted. You should also be patient with yourself. Make good use of your talents and gifts. Ensure that you bring your children back on the right track.



AQUARIUS

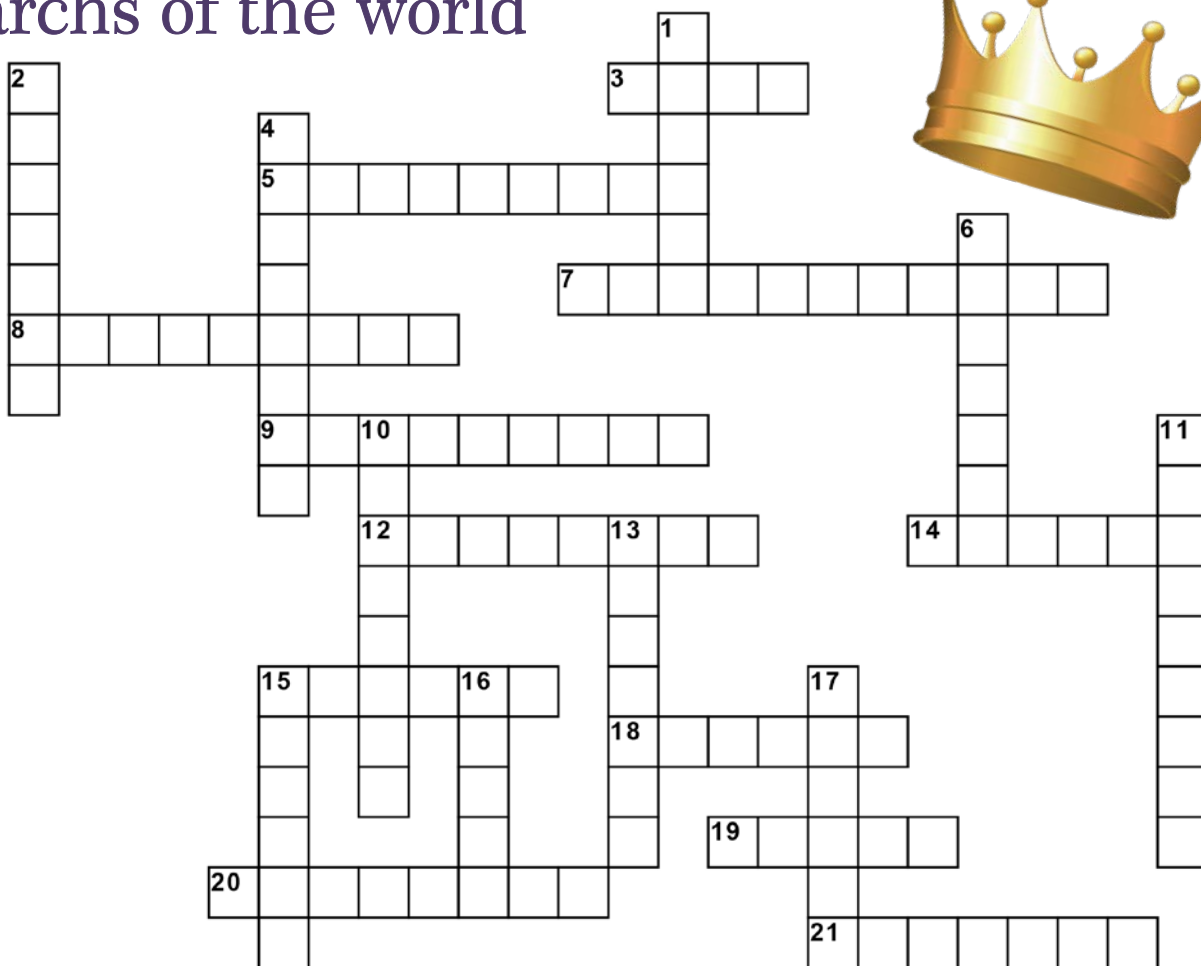
Your health will be okay this month, but you need to make some lifestyle changes to make the most out of it. Stop worrying about what people think about you. You will receive support from those who like your ambitious personality.



PISCES

This month you will safely invest knowing you are doing the right thing. It reminds you that you can hate your bad decisions, bad thoughts, and your bad traits but never hate yourself. Nothing should scare you from living your best life.

Monarchs of the world

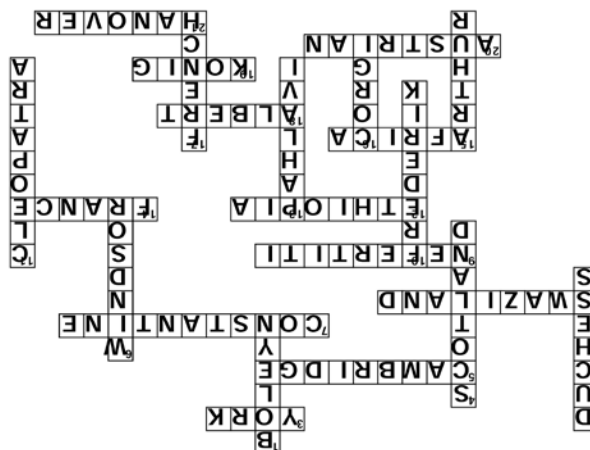


Across

- 3 Princes Andrew is the Duke of ___ (4)
- 5 Kate Middleton's title is Duchess of ___ (9)
- 7 The last King of Greece (11)
- 8 The only country in Africa having absolute Monarchy
- 9 Egyptian queen known as 'The Queen of the Nile' (9)
- 12 Haile Selassie was Emperor of which country? (8)
- 14 In what country was William the Conqueror born? (6)
- 15 When King George VI died, Queen Elizabeth was in ___ (6)
- 18 Christian name of current reigning monarch of Monaco (6)
- 19 The word 'King' in German (5)
- 20 Nationality of Marie Antoinette, Queen of France (8)
- 21 Caroline of Monaco's husband is Prince Ernst of ___ (7)
- 6 The ruling house of the British monarchy is ___ (7)
- 10 What is the Crown Prince of Denmark's first name? (8)
- 11 Roman General Marc Anthony & his lover, Egyptian Queen ___ (9)
- 13 The ruling house of Iran's monarchy, before the revolution (7)
- 15 King known for 'The Knights of the Round Table' (6)
- 16 Preferred dog breed of Queen Elizabeth II (5)
- 17 What foreign language does Queen Elizabeth II speak fluently? (6)

Down

- 1 Surname of fateful 2nd wife of Henry the VIII (6)
- 2 Mrs Simpson, upon marrying Prince Edward became the ___ of Windsor (7)
- 4 Balmoral Castle is situated here (8)



Quiz fit for a Queen

1. Queen Elizabeth II's family name is?
a) Windsor b) Stuart c) Tudor
d) Mountbatten e) Hanover
2. What is Queen Elizabeth's husband called?
a) King Philip b) Lord Philip of Windsor
c) Prince Philip d) Duke of Windsor
3. What is Philip's surname?
a) Windsor b) Hanover c) Mountbatten
d) Stuart e) Tudor
4. After Elizabeth, who is next (first) in line to the Throne of England?
a) Prince Harry b) Princess Charlotte
c) Prince William d) Prince Charles
5. Who is second in line for the Throne of England?
a) Prince Harry b) Princess Charlotte
c) Prince William d) Prince Charles
6. Who was Britain's monarch immediately before Queen Elizabeth II?
a) George V b) Edward VII c) George VI
d) Queen Victoria
7. What breed of dog is the Queen known for keeping as Royal pets?
a) English Setters b) Poodles c) Collies
d) Corgis e) Dachshund
8. What are the Queen's two middle names?
a) Alexandra & Charlotte b) Victoria & Mary
c) Alexandra & Mary d) Victoria & Charlotte
9. When was the Queen born?
a) May 21, 1926 b) April 15, 1925
c) April 20, 1931 d) April 21, 1926
10. Which Scottish Castle was the childhood home of Queen Elizabeth The Queen Mother and King George VI?
a) Stirling Castle b) Inverness Castle
c) Glamis Castle d) Balmoral Castle
11. In which year was the wedding of Prince Charles & Diana?
a) 1972 b) 1986 c) 1979 d) 1981



- Answers**
1. Windsor (a)
 2. Prince Philip (c)
 3. Mountbatten (c)
 4. Prince Charles (d)
 5. Prince William (c)
 6. George VI (c)
 7. Corgis (d)
 8. Alexandra & Mary (c)
 9. April 21 1926 (d)
 10. Glamis Castle (c)
 11. 1981 (d)



**Clarence
Village**



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Aged Care

Dougherty
Villa

206 Arthur St, Grafton

6643 2377

Supported Living

Clarence Village
on Queen

166 Queen St, Grafton

6642 5991

Independent Living

Clarence Village &
Clarence Village Gardens

194 Turf St, Grafton

6642 5991

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