#### Dec 21 / Jan 2022

**Village Voice** 

#### Special Bumper 24 Page Christmas / New Year Edition!

FREE



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Darol 'Santa' McClymont and Dougherty Villa resident Ernie Really get into the festival mood ahead of the Clarence Village Christmas season.

### Season Greetings

Ho ho ho everyone! It's that most wonderful time of the year and the Village Voice comes bearing gifts in the form of this bumper edition full of festive stories and fun.

To get the bauble rolling we are sharing a poem by Clarence Village resident poet John Sullivan. You can read more about John on page 7.

Christmas trees and tinsel, Santa Claus and flashing lights, The wonder in a young child's eyes, as they're longing for that night. That night of nights, when all their dreams and wishes may come true. Yes! Christmas is for children and the child in me and you.

# A note from the Village CEO



Welcome to the final edition of the Village Voice for 2021. While it's only four issues old, I feel this newsletter has already become part of the fabric of Clarence Village and has helped to keep us all connected over the last half of the year. Well done to Lesley and Tanya for their hard work bringing the Voice to life each month.

Needless to say, 2021 has been a challenging year for us all. I personally found having to impose restrictions on visitors at Dougherty Villa the most difficult part and look forward to having more visitors in the building more often in the new year.

But Covid didn't just affect Dougherty Villa – all parts of Clarence Village have been impacted by the pandemic and everyone has had to adapt. I believe our community hasn't just made it through intact, but that we've actually become stronger by virtue of having to overcome these challenges and have learned more about what we all mean to each other.

I'd like to wish you and your families a safe and happy Christmas and I look forward to seeing you in 2022.

Kind regards, Duncan McKimm

### Christmas in the Village

Well where did this year go? It only seemed like we were launching the Village Voice and now we are already at Issue 4, and what an issue it is.

Since we are having a little print break over the Christmas/New Year period we went all out with eight extra pages full of photos and fun puzzles for you to enjoy while waiting for Santa Claus to arrive.

In this edition you can meet the Village's own resident Santa, and read more colourful stories about the people who make up your residential community.

It's been a real treat to get to know everyone

over the past few months and I look forward to catching up in 2022 for more stories and fun community events.

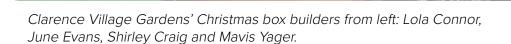
I also would like to take this opportunity to wish all the Clarence Village residents and staff and their families a very Merry Christmas.

PS. How good do all the decorations around the place look! Great job everyone x

Hope you enjoy this issue.



Email me: news@clarencevillage.com.au



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# Shoebox full of best wishes

The spirit of generosity around Clarence Village hits top gear this time of year and one of the enduring examples is the annual Christmas Shoebox project.

The team at Clarence Gardens have been busy preparing the boxes for the international relief organisation Samaritan's Purse to deliver to Cambodia, Fiji, Madagascar, Papua New Guinea and the Solomons Islands.

It's a project that requires a combined effort across across the Village footprint including donations of money and items, including handmade.

The boxes are filled with gifts suitable for children aged between 2 and 14 including skipping ropes and balls, clothing, educational items like books and pencil as well as personal care like knitted washers and soap.

The boxes were collected in October so they would make it to their international destinations before Christmas.



Kel Furner from Samaritan's Purse North Coast picks up the Christmas boxes made up by Clarence Gardens residents ready for distribution.



Clarence Village volunteer and chief flower arranger Sue McKimm with Bonnie McGowan from Flowers by Bonnie. The busy florist shop in Prince Street is kindly donating flowers each month so every Dougherty Villa resident having a birthday will receive a floral gift during the monthly celebrations.

# Power of the flower

During lockdown one of the things that helped many residents through the ordeal was the arrival of beautiful fresh flowers.

Bouquets from family and friends to say while they couldn't visit on site, they were thinking of them.

The power of the flowers didn't go unnoticed by CEO Duncan McKimm whose mum Sue has been volunteering at the Villa for the past two years, ensuring there are always fresh arrangements around the place.

"For the residents, staff and the families, it's amazing what an impact flower have. They provide a warmth and homeliness to the place and bring the outside in. They make everyone feel better," Sue said.

While Sue uses a lot of flowers from her own garden in the displays, she often pops in to see her friend Bonnie McGowan at her Flowers by Bonnie to purchase a few select specimens to add into the mix. to Dougherty Villa on behalf of residents' family members so understands first hand the positive impact flowers have.

"It would change their day, their demeanour. Flowers bring back memories, when they were gardening, scent can connect you to another place and time."

It's this impact that inspired Bonnie, with the help of Sue, to make sure nobody at the Villa misses out on feeling special.

Since November, Flowers by Bonnie has been donating a special arrangement of fresh flowers for each resident's birthday, a sweet gesture to mark the occasion.

"We thought it would be nice for everyone to have flowers, especially on their birthday," Bonnie said.

The personalised bouquets will be delivered in time for the monthly birthday lunch gatherings at Dougherty Villa.

Bonnie also made lots of lockdown deliveries



November baby Doreen Sheehan with her birthday flowers donated by Flowers by Bonnie.



Patricia Connor received her beautiful birthday flowers at the November gathering.







Leisure and Lifestyle staffer Charlene Howes with one of the string paintings she has been helping residents living with dementia to create at the Waratah Wing.

### Art that tugs at the heart strings

Finding activities that bring a smile to the face of residents with dementia is one of the most rewarding interactions you can experience in aged care, and personal carer Charlene Howes has been getting plenty of those cheeky grins lately.

As part of her role in activities Charlene was looking for something other than ball games to stimulate the imagination of residents in the Waratah Wing, and after a poke around on the internet she discovered the wonderful world of string painting.

"I had seen it before and loved how easy and effective it was. It looks complicated at first but it is very simple," Charlene said.

The process goes something like this:

1. Apply lots of white paint to the canvas for a base.

- 2. Soak lengths of string in different colours.
- 3. Lay the string down starting a top of canvas to bottom like a curvy road.
- 4. Pull string slowly (about 5-10 seconds) from bottom.
- 5. Voila. You have a painting that looks like flowers.

You can see some of the stunning results from the residents around the Waratah Wing dining room.

Charlene said the rapid outcome of the painting was very rewarding for both the artist and the carer.

"It's a very therapeutic activity and when we finish a painting we always cheer and clap.

"Because it almost appears magically before their eyes, they are amazed and go 'oh, my goodness did I do that'."

# The Village Verse, our resident village poet

Anyone who attends the monthly high teas at the Joan Muir Centre will probably be familiar with John Sullivan's knack for poetry.

The Clarence Village resident often jumps up to recite a quirky verse or three. Whatever the occasion John seems to have a cleverly crafted poem for it.

But his journey into poetry and writing, was a slow.

He said he was "absolutely hopeless" writer at school. "I couldn't rhyme anything. I guess life experience made it all happen."

He first dabbled with writing at 17 when he was off on a fruit-picking adventure with a mate but it wasn't until he was halfway through his life, well into his 30s when the pace picked up.

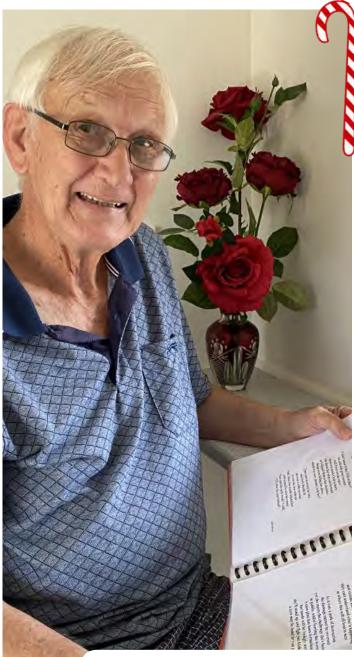
"I started writing about the people in the caravan park and it slowly went from there and eventually turned into poetry."

This was while he held down many different jobs over the years. "I was Racing NSW's official judge for all the racetracks on the Northern Rivers, from Murwillumbah to Bowraville. I worked at two schools, Tucabia and Ulmarra, as a general assistant and had the mail run in Ulmarra."

It was his job as Ulmarra's postie that also saw he take an under expected foray into to aged care well before he decided to put move into Clarence Village as a resident.

"My contract as postie ran out and wasn't sure what I was going to do so I went to Rathgar (Lodge — Ulmarra's aged care home) to see if they had any cleaning jobs."

As luck would have it, the regular clean was on holidays and John started straight away, then



Poet and Clarence Village resident John Sullivan has a way with words.

stayed on before being wooed into a caring role.

"I never thought I'd do that kind of work but I loved it. The residents were so interesting. Everyone had a story."

They also had a poem. One of John's most loved inspired by a resident with dementia (which we will feature in an upcoming issue).

"Working in aged care changed the way I wrote because it changed the way I looked at life. It's been a real privilege to be able to experience that."

# Out and about

Village residents have been busy lately with lots of activities.



Marcia Muldoon, Val Layton, Barb Fraser, Karlie Stockton look every bit the Hawaiian holiday-makers at the recent monthly high tea.



The colourful crew from Clarence Village get into November's Hawaiian High Tea theme at Joan Muir Hall, from left: Colleen Donovan, Lyn O'Hara, Judy Williams, Ros Houlahan, Margaret Lee, and Molly McArthur.



This happy crew enjoying all the Hawaiian delights on offer at the monthly high tea at Joan Muir Hall from left: Sheryl McIvor, Chrissy O'Farrell, Sally Haig, Carole Finn, Valerie Hendrie, Joan Want and John Sullivan.



Wreath laying at Grafton's Memorial Park on Remembrance Day, 11am November 11, 2021.



Villa legend Doreen Sheehan gives the front counter team a helping hand behind the desk.



If there was a prize for the best Christmas wreath the Waratah Wing would have it in the bag: from left back: Samantha O'Shea, Colleen Thomas, Fran Hampshire, Marion Lloyd. Front: Robert Baynham and Kirsty Selleck.



Residents prepare the village Christmas decorations in the Jacaranda room in readiness for display.



Noela Barnier get wrapped up in the Christmas decoration workshop held in the Jacaranda Room at Dougherty Villa.







Kitchen and care assistant Judy Ellem obliged with a photo to show-off some of the Hibiscus Wing Christmas decorations.



Enrolled nurse Sophie Landenberger and admin assistant Casey Montford show off some of the gingerbread gang hanging out in the foyer at Dougherty Villa.



All set for the Clarence Village residents party.

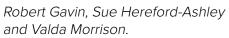


The Rose Cottage crew were getting their baubles in order ahead of decorating their tree, from left: Jean Lindsay, Bev Duckworth, Susan Ellis and Mary Heien.



Christene and Ron Cosgrove.









# Santa's big helper

What's Christmas without an appearance from Santa Claus, and Dougherty Villa's main man in red is not just any volunteer in a suit, he's as good as authorised from North Pole headquarters.

Dougherty Villa volunteer Darol McClymont has been in the reoccurring role of the cheery fellow for close to a decade now and was the natural heir to the big red chair because he studied at Santa's Academy for shopping centre appearances.

Darol was a 'professional' Santa at Coffs Harbour and for the Grafton Mall before putting on the hat and beard as part of his volunteer work for Clarence Village.

Learning to be Santa was no walk in the snow according to Darol, 'I had to read a manual about 50 mil thick" before earning the right to say ho, ho, ho.

Darol said he "absolutely enjoys" being the Village Santa and said there wasn't much difference between seeing the oldies and the young ones when it came to being Santa.

"They're all happy to see Santa but they also know who I am. I still get called Darol even when I'm behind the beard."

Darol said the Villa residents often have a chat with Santa and reminisce about Christmases gone by while others can be a little quieter. "Yes, they fall asleep sometimes but I am in a nursing home."

When he's not cheering up the place at Christmas, Darol is busy with activities with the Villa's male residents

"There's always something happening. We've got a billy tea and damper day planned. We do a bit of painting and I teach them guitar."

Darol was also a professional musician playing around the Grafton clubs and pubs for many years in bands and duos.

"Covid put a halt on the guitar playing here but hopefully we'll be back to that next year."



# Hats off to Kristy for 10 years

If you have enjoyed a meal at Dougherty Villa sometime this past decade, chances are Kristy Purton has had something to do with that.

Although Kristy has done a few shifts working on the floor and in the laundry, the kitchen is where her heart is.

Most days you will find her in the main dining room, preparing meals and delivering trays which she says is her favourite part of the job.

"I get to see the residents twice a day, breakfast and lunch. When they're in their rooms I deliver their meals so you develop a special bond. I love them all."

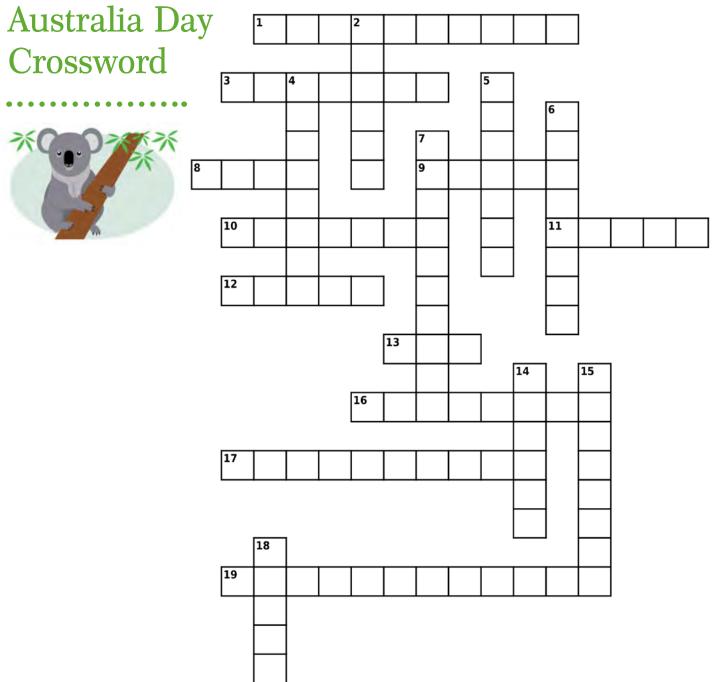
Kristy moved from Kempsey where she worked in the famous Akubra hat factory before coming to Grafton.

"I didn't know anyone when I arrived but decided to do an aged care course and in three months of starting that I volunteered at Dougherty Villa. I worked in activities and did the newspaper readings for the residents. Then I was offered this job."

#### I get to see the residents twice a day... so you develop a special bond.

Mum to a three and 14-year-old, Kristy said she was always attracted to the caring industry and since starting a decade ago has seen a lot of changes to things like dietary requirements and food hygiene especially during COVID but it's the social side of her work that still gives her the most pleasure.

"Everyone loves food. I prepare a lot of the modified meals and get to deliver those where I can chat and engage with each resident. I love that. I find it a very rewarding job so I'm not going anywhere."



#### Across

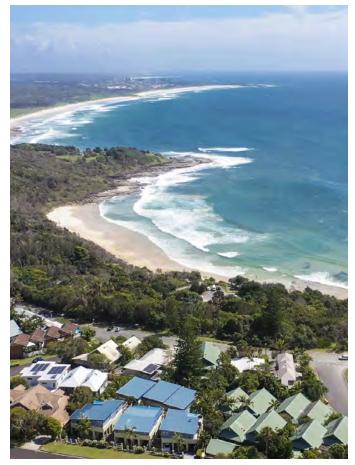
- 1. Sydney Harbour Bridge nickname
- 3. Famous Australian dessert
- 8. What is Australian slang for friend
- 9. Famous landmark in the Northern Territory
- 10. Famous Australian Sport
- 11. Popular beach
- 12. Sydney ..... House
- 13. How many states in Australia
- 16. What is the Capital of Australia?
- 17. Known as the Sunshine State
- 19. Australian national floral emblem

#### Down

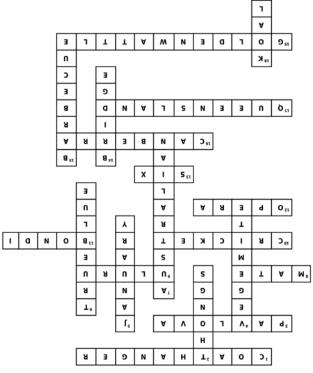
- 2. Australian casual footwear
- 4. ..... on toast
- 5. What month is Australia Day celebrated?
- 6. John Williamson song
- 7. ..... Capital Territory
- 14. Sydney Harbour .....
- 15. What you cook on outside
- 18. Australian native animal

# Word Search: Clarence Places

| S | В | w | 0 | 0 | Μ | В | Α | н | U | Α | G | L | 0 | G | С | С  | Jackadgery  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|----|-------------|
| Α | Α | S | н | В | Υ | Ρ | G | L | Ε | Ν | R | Е | Α | G | Н | Ν  | Brushgrove  |
| Ν | В | Ν | L | R | G | L | Q | S | L | 0 | В | Μ | Ρ | В | S | G  | Woombah     |
| D | Ν | Κ | G | S | В | R | U | S | н | G | R | 0 | V | Ε | Ε | М  | Sandon      |
| 0 | С | Ν | С | Ο | т | В | Т | R | Ζ | W | Ι | J | Κ | F | Ε | В  | Cowper      |
| Ν | М | С | Κ | Ν | U | D | J | Ν | М | Ρ | Ν | н | Ζ | J | L | U  | Copmanhurst |
| С | М | w | Q | L | L | R | D | R | С | J | V | С | н | Т | Α | I. | Nymboida    |
| Ο | U | Ν | L | D | L | Υ | Т | Ζ | В | Α | J | Ο | Α | Ζ | Ν | н  | Ashby       |
| Ρ | т | Y | S | Α | Υ | Κ | Ρ | Е | L | С | Q | w | R | Ρ | D | Α  | Seelands    |
| М | Υ | М | R | L | М | Q | I | ο | J | к | F | Ρ | w | Ζ | S | Х  | Angourie    |
| Α | w | В | н | м | ο | Ν | V | Q | S | Α | т | Е | ο | S | В | U  | Dalmorton   |
| Ν | М | ο | Ν | ο | R | w | U | Ν | U | D | Ν | R | ο | G | D | т  | Harwood     |
| н | w | Т | ο | R | G | Q | Ε | w | Υ | G | к | G | D | Т | н | Α  | Glenreagh   |
| U | J | D | F | т | Α | Μ | н | L | н | Е | R | м | w | т | Х | Α  | Clarenza    |
| R | L | Α | м | ο | Ν | Е | С | L | Α | R | Ε | Ν | z | Α | С | G  | Tullymorgan |
| S | Α | в | Ν | Ν | z | н | S | U | 0 | Y | Ε | к | Р | Ε | т | т  | Eatonsville |
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |             |



The village of Angourie is one of the Clarence Valley's most exclusive addresses (and you can see why). That's Yamba in the distance. Photo: Simon Hughes.



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# Character is revealed by adversity

Over the last couple of years we've had restrictions on what we can and can't do, where we can go, who we can see and even what we have to wear. The pandemic has challenged us to maintain connections with each other and has changed the ease with which we engage with one another.

The challenges we've faced have revealed much about each of us individually and of us all collectively. I believe we've shown ourselves to be more generous and hopeful than we may have imagined before all of this.

As we reflect on and emerge from this strange period, I hope we see the return of "nonessential" interactions between strangers and acquaintances, as they do so much to add to the richness of our life. These connections, fleeting though they often are, are what we're trying to foster at Clarence Village.

I believe our emergence from the trials of the last two years with our love for our fellow man strengthened has revealed the innate goodness of our collective character. What luck then to have lived through this time?

Christmas is a good time to reflect on what we want from life and what we want to create. I hope the new year sees us stand together as a community renewed and strengthened by the test.

Duncan McKimm

### David Abrahams Memorial

Grafton lost a great man recently, when David Abrahams died, aged 91, after a life filled with community contribution. David's tireless fundraising and the significant financial generosity of the Abrahams family 50 years ago helped establish Clarence Village.

But Clarence Village was only one of a great many community causes he supported and thousands have benefitted as a result of David's toils.

His daughters and grandchildren gave beautiful and moving tributes at his funeral with respect and thanks to the Abrahams family for what David's life has meant for Clarence Village, we reproduce an excerpt:

It is no surprise that when Grafton Library created a talking book project, our father, the man of the river, told the story of the river. He is river born, as Barbara Fahey would say.

He died on top of the mountain at Glen Innes, just to the north of the headwaters of the Mann River, where it begins at Llangothlin Lake, and now we have brought him home, his final journey along the river.

From the small beginnings the river runs across the tableland, until it cascades off the plateau shouldering the old Grafton Road through to Newton Boyd. A glance up at Munningyundo at the junction with the clear waters of the Nymboida. The doubled waters flow, the rivers spread out and bounce down the boulders of Bridal Veil falls. Deep torrents flow over New Zealand falls.

The river flattens, onto Jackadgery, past Cangai and into the broadwater, teeming with life. His river. Black swans, turtles, platypus, cod and bass. Meeting up with the Clarence at Coombadjha, a sharp right turn to cascade



The late David Abrahams and his mate Warren Moss at the Men's Shed

over the many falls of the Gorge, lit with rainbows.

The river slows much, and meanders under Lilydale Bridge onto Copmanhurst, where the echoes of storytelling and yarns of his travels softly murmur. Along the steady flow of the river, on to Grafton we have brought him now to the northbank. To his resting place. And soon we will bury him here with sand from the Yaegl Coast, from the mouth of his river scattered on his grave.

He died with his daughters by his side. He had time for goodbyes and to give thanks and hear thanks. With a son-in-law, grandsons, a granddaughter all close by him. He spoke with all those who could not be in the room. He looked around, free of pain and told us "This is wonderful, incredible". He met our gaze and asked "Are you happy?". Yes, for him, we are happy. All here can be happy. We celebrate his life and we grieve with gratitude.

Vale David Abrahams 11/9/1930 – 1/11/2021

# Australia Day Word Game

Australia celebrates its national day on January 26 so here's a fun word game where the answers can all be found in the letters that make up 'Australia Day':

- 1. A steel track for trains.
- 2. A term applied, by courtesy, to any woman, especially one of social standing.
- 3. The track or scent left by an animal or person, that a pursuer can follow.
- 4. Unclean or soiled.
- 5. Heavenly body emitting its own heat and light.
- 6. The den of a wild beast.
- 7. To apply the mind to learning.
- 8. A flat, shallow container with a raised rim.
- 9. Another word for final.
- 10. A written account of daily events and observations.
- 11. A person that is strongly and solidly built.
- **12.** An inflamed swelling of the eye.
- 13. A farmhouse for storing and processing milk.
- 14. To attempt, to endeavour.
- **15.** A volume of maps and charts.
- 16. The British standard measure of length equal to 3 feet or 36 inches.
- 17. Sedate; sober; grave.
- **18.** Move away aimlessly from the right course.
- **19.** A piece of material extended on a mast to catch the wind and propel a boat.
- 20. Any instrument or gauge in which a pointer or indicator revolves.





Gotta be quick to catch Clarence Village gardener Terrence Kelly this time of year.

# Terrence is one busy bee

This story was going to include a gardening roster until the village green machine Terrence Kelly said it was impossible this time of year.

The gardener for the entire Clarence Village network has been chasing his ride-on mower to try and keep with the trimming lately, thanks to all the heat and rain.

"A couple of weeks ago you could go a fortnight but I'm mowing every week now. Every day is different so there's no routine whatsoever at the moment."

You can understand why things can get a little hectic.

The footprint Terrence looks after includes Clarence Village's five stages of gardens, the hedging at Clarence on Queen, Clarence Gardens development on Lawrence Road, Dougherty Villa grounds, the Alice Street units plus the newly acquired City Centre Apartments complex on Prince Street.

"I've been rushing around like nothing else, especially when the sun's out but if the rain stops things will hopefully level out again."

Terrence said the lawns and hedging keep him busy and "staying on top of the weeds."

"It can be hard to plan ahead with the weather but you get done what you can get done."

While staying ahead of garden growth takes up most of his time during summer, he does get to do some landscaping when things cool down.

"I recently replaced some of the hedges at Queen Street with native trees to reduce hedge-load but most of the reconfiguring of gardens is done in the winter months. That's when I can catch up with pruning all the big trees. When it's a lot cooler."

# Village stargazers — 2022 vision

We can almost put 2021 behind us so for this bumper end-of-year edition of the Village Voice we have included a bumper 2022 forecast by Sungsings.org for the year ahead.

In general: Be prepared to face significant transformations in your life during the year 2022. These modifications will be for your good and cover many areas such as professional career, love relationships, and overall future. You have to be careful while making important decisions

#### ARIES

2022 will be about collaborations and affiliations. Single people will get into love partnerships. There will be fresh ideas, and you will be busy with the execution of new investments. Married life will be harmonious and will see an accumulation of wealth. There will be more romance and sensuality.

You will be careless about your fitness and diet routines. It is essential to relax and come out with a new hobby or exercise. Listen to others and take them along.

#### TAURUS

2022 promises to be an incredible year for professionals. They can expect promotions to higher levels along with financial benefits. Dormant business ventures come to life and succeed. You will try to accommodate views of others.

Relations will be peaceful and harmonious. Your social contacts will encourage you to complete projects, and Jupiter will help you achieve success in ventures. Mars will help you to maintain health, and you will be busy with a new hobby.

#### CANCER

You tend to put others before themselves and go out of the way to help others. To avoid misuse by others, you should educate others to help themselves during the year 2022. You will be able to accomplish projects during the first and last quarter of the year with the help of Jupiter.

Love and relationships will bloom after the first quarter of 2022 with the help of Venus and Mars. Jupiter will help you to form new contacts this year and use them to succeed in your ventures. Particularly, the last quarter of the year will be highly encouraging.

#### LEO

Professionals will progress in their careers during the beginning of the year as Jupiter is positive. Finances are excellent with a good flow of money. Saturn may help you in getting unexpected wealth. People in confirmed relationships will get married, and the family environment will be harmonious.

Health prospects are tentative during the latter half of 2022. Children will progress slowly. Travels, including foreign trips, are likely. You will achieve in life through diplomacy and elegance.

#### GEMINI

Planet Venus will help you to shine in artistic projects this year. It would help if you went by your moods, and inspiration should be the guiding factor. Saturn will help to plan your life and strive to attain excellence. The beginning of the year will be turbulent for relationships. Venus will help you to regain romance later in the year. Focus on a fitness/ relaxation

program to maintain your wellbeing. Do things that are possible during the year instead of aiming too high.

#### **VIRGO**

You will succeed in financial activities due to hard work and inspiration. Jupiter will help to know your necessities. You will be able to prosper financially with the help of family and friends and the positive aspects of Jupiter.

Saturn and Jupiter together will help to maintain peace and harmony in the family atmosphere. Mars will help you to accomplish projects, and you have to stick to the requirements. Relaxation and sports can achieve emotional health. Marriages of children are on the cards in 2022. while making these changes.



You may have to tread into entirely green areas which are futuristic in technology and science. Also, new innovative ideas clash with old traditional thoughts, and you will be stuck between the two. Your progress in life during 2022 depends upon how you can negotiate through these conflicts and forge ahead.



#### LIBRA

Jupiter and Saturn will present Libra individuals with prospects of managing their lives as per their choice and in a superior manner during the year 2022. Income will increase along with expenditure. Venus and Mars are favourable for love and romance. Single persons will get into instant relationships. The

family atmosphere will face a few conflicts. Avoid taking unnecessary risks in ventures, and it will lead to success. You can tackle stressful situations with exercise and relaxation.

#### SCORPIO

2022 will present plenty of shockers. Professionals will excel in their jobs. Financial rewards will be excellent, while expenses are meagre. Social life will be fabulous. Jupiter will shower you with luck while Saturn tends to regulate it. Love life will be delightful in the

love life will be delightful in the last quarter of the year. In all ventures, you have to listen to others and go by their ideas. Health will be fluctuating, and during taxing, times relax with meditation. Students have opportunities for education overseas.

#### SAGITTARIUS

Jupiter and Saturn will give different indications for Sagittarius personality during the year 2022. You can accomplish objectives by being pragmatic and prudent. On the financial front, plan for fiscal prudence if you have to remain afloat.

The family atmosphere will be harmonious during the second half of the year. Projects will take off during May and October. You have to be realistic in your expectations. Health can be maintained by exercise and recreation.

#### CAPRICORN

Next year will be both promising as well as messy. You have to double your efforts to succeed in the job as well as monetary situations. Hard work and tension will impact your health, and you will also vitiate the family atmosphere.

Children will have a tough time during the year. If they are of marriageable age, they will tie the knot. The year is favourable for students to pursue higher education. Do not be deterred by tough situations, and always think of alternatives.

#### **AQUARIUS**

Saturn and Uranus will impact in opposite ways. You have to be guided by the advice of family and friends on how to get over challenges during 2022. You will do well on the job front, but income will be balanced by expenditure.

The second half of the year will be promising for love relationships. Success in your projects is guaranteed in the previous quarter of the year. You have to relax enough to get over the anxieties and worries of your daily life. Lean on others to achieve your goals.

# • PISCES

You should be prepared to face the vagaries of life during the year 2022. You have to handle these situations with an optimistic outlook. Be persistent to achieve your objectives in life. Finances will be tricky with mounting expenses.

Family life will be full of tension as you will not be able to devote enough attention. The beginning and end of the year will bring good results in ventures because of Jupiter. Health will be full of vitality despite the various challenges. Follow your instincts to succeed this year.





#### **Aged Care**

Dougherty Villa 206 Arthur St, Grafton 6643 2377



**Supported Living** 

Clarence Village on Queen 166 Queen St, Grafton 6642 5991



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