August 2022

Village Voice

Your monthly Clarence Village community newsletter

FREE



INSIDE:

Calling cards 3
Farewell furry friend 4
Household happenings 6
Valuable feedback7
Out and about 8-9
Trivia tribute 11
Latest tips 12

Cheers to Warren

Dougherty Villa resident and tavern developer Warren Moss with the sign he organised with the Grafton Men's Shed. It was carved from a single piece of Jacaranda tree sourced from council and prepared and decorated by the Grafton Men's Shed.

The tavern was recently officially opened to a little fanfare and lots of laughs.

Details page 5.

A note from the Village CEO



The new Federal Government has moved quickly to legislate the changes to the aged care system they took to the election. The majority of these changes could be very positive if they're backed by the funding that will allow providers to deliver them.

It's not clear how some of the promises will be able to be delivered though, funded or otherwise. Particularly the requirement for facilities to have a Registered Nurse on site 24 hours a day – this will be next to impossible for all but the most major regional centres I would think. Having money is one thing, but at the moment there is an acute shortage of Registered Nurses across all areas of healthcare. You can't pay people that don't exist!

I hope the new Government makes a genuine attempt to lead our community through the discussion of what we want aged care to be, what is possible and how we'll pay for it. I'm confident the industry has the skill and dedication to deliver a great result if this happens, but we owe it to ourselves and our loved ones to do better than we are currently.

Kind regards, Duncan McKimm

Nine lives well spent at Villa

This issue has plenty of joyous occasions inside as well as a little sadness to reflect upon with the passing of Dougherty Villa's resident cat Sylvester.

I only got to know the lovely old boy for the past year but it wasn't long before he seemed to appear from nowhere every time I visited the place. He was like a heat-seeking missile when it came to attention and thought nothing of rubbing shoulders, his head, entire body, against you, especially if you stopped and got down to talk at his level. I'll miss his croaky voice and pushy nature. No doubt the Villa folk who knew Sylvester for the whole seven years he has been around the place, will feel the void too.

If you manage to get to the new Villa Tavern (which you can read about on page 5) anytime soon, why not raise a glass in memory of Sylvester. Cheers.

Hope you enjoy this issue.

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Email me: news@clarencevillage.com.au



Look who's calling?

To help Clarence Village residents stay up-to-date with who's popped by to see them when they aren't home, team members will now leave a handy 'calling card'.

The card will let residents know that Dave the plumber, Rob the handyman or Pez the painter came knocking or that gardening gurus Ryan and Terrence or our community connections champion Ros did call by to check in but missed you at home.

That way the visit can be followed up at another convenient time.

So if you're expecting a visit from any of the maintenance or connections crew, and you haven't seen their friendly faces yet, keep an eye out for their card that may have been left at your front door.

RIGHT: Clarence Village painter Glen 'Pez' Perry with his new calling card.



STAYING COVID SAFE

WASH YOUR HANDS

Wash your hands with soap and water for 20 seconds, or clean and sanitise them with an alcohol-based hand sanitiser.



AVOID TOUCHING YOUR FACE

Avoid touching your face and don't shake hands with others.



Cover your nose and mouth with a tissue when coughing and sneezing, or use your elbow, not your hands.



Try to maintain a distance of 1.5m from others at all times.



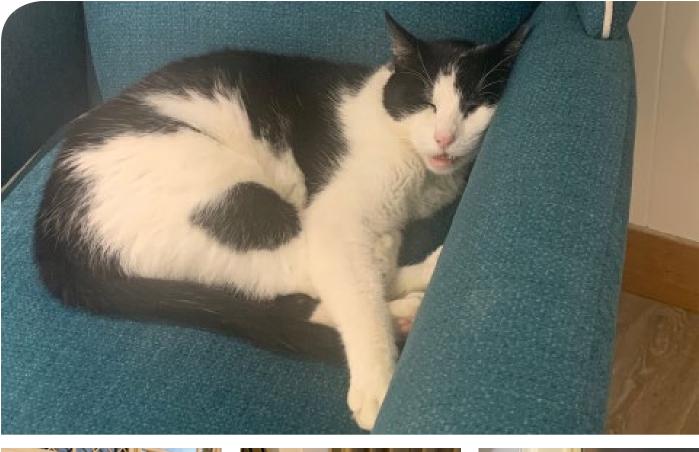
Avoid close contact with people unwell with cold or flulike symptoms, and stay home if you have symptoms.



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AVOID CROWDS

Avoid public places if they look over-crowded.









Farewell to our feline friend Sylvester

As you can see from these few pics, the late great Sylvester the Cat felt right at home at Dougherty Villa.

The 14-year-old was a canny cat. He knew when to hold 'em and when to fold 'em when it came to people. His visitation rounds were select and mutually beneficial especially if he was allowed up on the bed. While he will no longer be roaming the perimeters of the building's corridors and waiting for the auto doors to open, after seven years of keeping various levels of company with the residents and staff of Dougherty Villa, his presence will linger in the hearts of many.

To honour our favourite feline, a special shrine to Sylvester has been set up in the foyer.



Bill Dougherty OAM was special guest at the official opening of the Villa Tavern.



Tavern developer Warren Moss received a special presentation from Village CEO Duncan McKimm for organising the men's space.

Villa Tavern officially opened

It was like the Royal Tavern of old. The history, the pub yarns, and the laughter. No beer on tap (yet) but former publican Bill Dougherty made a special appearance to help officially open the Villa Tavern venue with with chief organiser and resident Warren Moss.

Warren got the idea to name the men's space at Dougherty Villa the 'Villa Tavern' after the former Royal Tavern which held a lot of good memories for him and many other locals.

As tribute to the former watering hole Warren thought "a bit of Tavern memorabilia around the walls would look good."

He called on his mates at the Grafton's Men's Shed, of which Warren was a founding member, to turn a piece of a local Grafton jacaranda tree into the lovely sign that now sits proudly above the 'tavern' door.



The tavern attracted plenty of visitors for its official opening.

certificate of appreciation by CEO Duncan McKimm, Bill Dougherty reminded everyone of the amazing fundraising efforts of Warren and his Royal Tavern raffle crew through the many, many tickets sold every Thursday evening raising "thousands of dollars for Cowper Homes, Rathgar and Caringa. All thanks to Mossy."

If you happen to be passing

by the Villa Tavern in Magnolia Wing, pop in and have a look.



While Warren was presented with a special

Maintenance updates

We have had a few busy months of getting our annual "house hold" maintenance rolling. We have had Phillip Waghorn and sons in doing a thorough pest inspection on all of the resident's houses, they will be doing this every Wednesday and working their way throughout the Village and then onto Dougherty Villa.

Our annual window and curtain cleaning has commenced with Kerrie from City Centre Apartments starting at Stage 5, and Kerrie O starting at the Gardens on Queen street and eventually will meet in the middle, it is a rather large job but eventually it will be done.

Rob our wonderful handyman is having a wellearned holiday and will be off for the following 2 weeks- in amongst his time off he is turning the big 60!

We are organising a working Bee for Clarence on Queen to be held on the 31/8/2022 – lots of Trees and green waste to be removed that is overgrown. McAuley Catholic College students have volunteered their services for the day to assist and Grafton Rotary will be cooking the BBQ on the day, watch this space next months edition will have a story and pictures from the day. Since Covid, we have not been able to access any volunteer gardeners, so if you or you know of anyone with a green thumb that would like to volunteer and give our gardening team a hand each week for a few hours, please give us a call on 6642 5991.



VOLUNTEER GARDENERS NEEDED Please call 6642 5991

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At Dougherty Villa, we believe everyone deserves great aged care, regardless of their bank balance.

We're community-owned and save half our rooms for pensioners because we believe everyone in our community deserves great care.

Don't think you can't afford the best – call us today to discuss how we can care for you.

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All we have to do is ask

We make a point of asking our residents, staff and families for feedback regularly. Every year we do a resident survey of our independent and supported living residents to gauge their opinion on the things that matter – how they feel about where they live, the community they're in and our staff. It's not always good news, but it's always valuable.

Overall everyone is very satisfied with living at Clarence Village and believe the staff are helpful and caring. Gardens and grounds satisfaction has dropped and this is a focus for us over the coming year, though I'm sure the scores received were effected heavily by the intense rain earlier in 2022 which prevented us from mowing for months on end.

I'm pleased to report this year we had our highest response rate ever, thanks in large part to the assistance of Ros and Penny. It's a great indication of community spirit that so many had their say.

Duncan McKimm

Independent Living	2021	2022
How satisfied are you with living at Clarence Village?	97%	95%
How satisfied are you with your unit?	100%	93%
How satisfied are you with the village gardens and grounds?	79%	67%
Do you think Clarence Village is affordable?	94%	79%
Do you think Clarence Village is a great community to live in?	97%	89%
Do you think Clarence Village staff are helpful and caring?	94%	97%
Respondents	51	61

Supported Living	2021	2022
How satisfied are you with living at Clarence Village?	90%	96%
How satisfied are you with your unit?	95%	96%
How satisfied are you with the village gardens and grounds?	90%	80%
Do you think Clarence Village is affordable?	52%	52%
Do you think Clarence Village is a great community to live in?	81%	76%
Do you think Clarence Village staff are helpful and caring?	100%	96%
Do you think the food at Clarence Village is delicious and tasty?	86%	60%
Respondents	21	25

Out and About



Clarence Village volunteer Carol Williams had a lovely surprise family visit at the Joan Muir Hall recently. Carol was joined by her daughter, granddaughters and great grandchildren who travelled from Brisbane with the family's newest arrival great granddaughter Charlie. It was first cuddles with Charlie for Carol at the intergenerational catch up.



Busy bee Warren Moss was recently presented with a life membership for his contributions to Grafton U3A — a very proud moment for the Dougherty Villa resident.

Multiple winners are grinners

There were a few winning crossovers in the latest 100 Club draw with some lucky residents rewarded on multiple occasions for their support. Besides the thrill of being in it to win it, the latest competitions raised another \$150 for the Grafton Community Bus service. Great effort everyone.



An excited Shirley Craig from Clarence Gardens took out 3rd prize in the latest 100 Club competition.



Marcia Muldoon had the Midas touch this month winning first prize in both the \$2 and \$1 100 Club competitions.



Lucky Chrissy O'Farrell took out 2nd and 3rd prize in the 100 Club \$2 competition and then bounced back to take out 2nd prize \$1 competition.



WHAT'S ON IN AUGUST

JOAN MUIR COMMUNITY CENTRE

Free activities every Tuesday from 10am - 11.30am



WALKING CLUB

Change to route. Thursday group walk leaving Joan Muir Hall at 8.30am to Turf Street Shop or just meet us there at 9am.

CLARENCE ON QUEEN

Bingo every Tuesday at 1.30pm. Everyone welcome.

FATHER'S DAY RAFFLE

Tickets \$1 on sale now. See your stage rep or Ros. Lots of prizes. Drawn 1st Sep 22.

Please call or email Ros if you would like a chat or visit. Stay safe.

To RSVP or contact to Ros - rosh@clarencevillage.com.au or 0478 228 838

Village stargazers - your monthly horoscopes

August is a great time to find happiness and spend time with your loved ones away from work. Focus on achieving balance in your life, and things will work out for the better.

ARIES

August predicts a period of happiness and positive changes that will better your life and the lives of your loved ones. You have the keys to your destiny; therefore, you can create the life that best suits you.

TAURUS

Focus on achieving peace in the most sensitive areas of your life and the things that will bring you joy. Your health will be good, but you have to be careful about minor illnesses such as the flu and cold.

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CANCER

Do not listen to people that think they know you better than you know yourself. Focus on doing you and becoming the best that you can be but ensure that you do not do anything hurtful that will cause anyone to feel unloved.

LEO

Focus on the great things that bring joy into your life. Make good use of your talents and skills and always ensure that you nurture your relationships. Be mindful of your diet. Your immune system is of importance, and you need to guard it.

SCORPIO

Focus on living your best life while being a positive influence on people around you. August calls on you to always trust that things will get better no matter the challenges you face in your life. Trust the process and never worry about the things you

have no control over.

AQUARIUS

Be bold with your ideas and start working on them. Do not be afraid of stepping out of your comfort zone. Surprise yourself. Be a positive example to your children and all other members of your family. Be with people that make you better.

GEMINI

Family life will be exciting because everyone is getting along fine. Happiness, peace, and harmony will reign for the better part of the month. Surround yourself with people that want the best for you.

VIRGO

Your health will face some challenges, but it will not be something you cannot handle. Make the best of the things you do and be proud of your achievements. Push yourself to become better. Do not let the hurdles you face cause you to give up.

SAGITTARIUS

Focus on your loved ones and always do all that you can to make them feel loved and cared for. Your health will be okay, but you need to make some changes to your lifestyle. Always do things that will get you closer to your loved ones. Be honest with them.

PISCES

You will enjoy good luck with all the positive things you do. You will be able to make changes in your life that will enable you to progress. This month is all about growth and not looking back at your past mistakes. Be proud of the great person you are.

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LIBRA

You need to be ready to appreciate the good things that happen in your life and the experiences you have had. Challenges will come and go, but you need to remain strong in life. August calls on you to be your own person.



CAPRICORN

Appreciate how far you have come and let go of the past. Improve the relationships with people in your life. You have all it takes to ensure that your family is on good terms at all times. Expand your social circle and make more friends.

Kitty Quiz in honour of Sylvester the Cat

- 1. Complete the saying: 'To grin like a"
- 2. Who invented the cat flap?
- 3. What breed of cat doesn't have a tail?
- **4.** What is the largest member of the cat family?
- 5. Which artist released the single 'Year of the Cat'?
- 6. What is a CAT scan?
- 8. Who wrote the music for the musical "Cats"?
- **9.** Cats are more popular pets than dogs in Canada. True or False?
- **10.** Name the oldest animated cat.
- 11. Which trait does a Hemingway cat possess?
- 12. Is the herb Catnip harmful to cats?

Clarence Village

- **13.** Cats are therapeutic companions for seniors. True or False
- 14. What do you call a group of cats?
- 15. What is a female cat called?
- **16.** In the James Bond films, who almost always appears with a white: Turkish Angora cat?
- 18. Cats were sacred in which African country?
- **19.** How high can a cat jump?
- **20.** Neutering a cat can add years to its life. True or False?
- **21.** Who was cartoon character Tweety Bird's arch enemy?

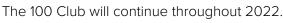


21. Sylvester the Cat

20. True

- As much as 7 times
 fheir height
 - **18.** Egypty **18.** Agypty
 - 12. Feral
 - Stavro Blofeld
 - 16. The villain Ernst
 - 15. Queen
 - 14. Clowder
 - **13.** True
- **12.** No, in fact it can be
 - 11. Extra toes
 - 10. Felix, the Cat
 - 9. True
 - 8. Andrew Lloyd
 - Z. Cat Stevens
- 6. Computerized axial tomography scan
 - 5. Al Stewart
 - **4.** Tiger
 - 3. Manx
 - 1. Cheshire Cat 2. Sir Isaac Newton
 - Answers





Every completed 100 Club raises \$50 for the Community Bus. Let's see how much we can raise this year.

Get your tickets from Ros Houlahan or Vicki Valja.



Here's a friendly tip! As we enter the pointy end of the footy tipping season, Clarence Village CEO Duncan McKimm appears to be dominating both the NRL and AFL footy tipping competitions despite confessing he's spent a whole eight minutes of cumulative thought on the process.

Come on punters. It's time to pull out all your best strategies and make it a competitive finish to season. Best placed to do this for the residents is Jim 'Go the Broncos' Armstrong who is leading his fellow villagers and most of the staff in the NRL comp.

The other threat to the McKimm duopoly is Ros 'Connections' Houlahan who is breathing down the back of our leader in both codes.

Just remember, it ain't over til the final round siren sounds. Best of luck tippers.

RANK	TIPPER	Round 13	Round 14	Round 15	Round 16	Round 17	Round 18	Round 19	Round 20	Round 21	TOTAL
1	Duncan McKimm	3	7	8	5	3	6	5	6	6	116
2	Ros Houlahan	3	7	5	6	2	5	4	5	6	110
3	Jim Armstrong	6	6	5	4	4	6	6	5	6	107
4	Brooke Gorman	2	7	6	5	3	5	6	6	7	105
5	Natasha Cook	3	7	6	5	3	6	7	3	6	104
6	Marion Lloyd	3	5	8	6	2	6	5	5	5	103
7	Kevin Burns	1	6	7	6	2	4	5	4	6	101
8	John Treacy	3	5	6	5	3	7	7	5	5	98
9	Pat Connelly	1	4	5	5	3	5	9	4	4	94
10	Harry Layton	1	7	7	4	2	5	3	5	5	93
11	Suzie Hudson	2	7	6	6	3	6	2	2	4	89
12	Pat Connor	1	3	6	4	2	6	3	4	4	83
13	Monique Watling	1	3	4	3	0	3	2	2	4	69
14	Len Wadling	1	3	8	4	1	3	2	2	4	64





Dougherty Villa

206 Arthur St, Grafton

6643 2377

Supported Living

Clarence Village on Queen 166 Queen St, Grafton

6642 5991

CarePage QR Code. Scan this code to take you directly to our online feedback form.

Independent Living

Clarence Village & Clarence Village Gardens

194 Turf St, Grafton

6642 5991

www.clarencevillage.com.au